

Bibliotherapy & Book Lists from *The Tattered Cover*

Books For Kids Having Nightmares

Ken Baker, *Brave Little Monster*

Stan Berenstain and Jan Berenstain, *The Berenstain Bears and the Bad Dream*

Lindan Lee Johnson, *The Dream Jar*

John Rocco, *Moonpowder*

Emma Yarlett, *Orion and the Dark*

Fiction with Travel Themes - Adult

Ben Aaronovich, *The Rivers of London*

Penny Haw, *The Woman at the Wheel*

Michael Ivanov, *The Cabin at the End of the Train*

Sidney Karger, *The Bump*

Beth O'Leary, *The Road Trip*

Fiction with Travel Themes – Middle Grade/Young Adult

Danielle Binks, *The Year the Maps Changed*

John Green, *Paper Towns*

Morgan Matson, *Amy & Roger's Epic Detour*

Angie Stanton, *Royally Lost*

Karina Van Glaser, *The Vanderbeeker's on the Road*

Dystopian Climate Fiction

Octavia Butler, *Parable of the Sowers*

Lilly Brooks Dalton, *The Light Pirate*

Charlotte McConaghy, *Migrations*

Fernanda Trias, *Pink Slime*

Jeff VanderMeer, *Annihilation*

Classic Picture Books

Margaret Wise Brown, *Goodnight Moon*

Tomie dePaola, *Strega Nona*

Munro Leaf, *The Story of Ferdinand*

Crocket Johnson, *Harold and the Purple Crayon*

Ezra Jack Keats, *The Snowy Day*

Bill Martin Jr. and John Archambault, *Chicka Chicka Boom Boom*

Robert McCloskey, *Make Way for Ducklings*

Else Holmelund Minarik, *Little Bear*

Other books mentioned:

Margaret Atwood, *The Handmaid's Tale*

Katherine Center, *The Bodyguard*

Zanna Davidson's *Table Manners for Tigers*

Anita Diamont, *The Red Tent*

Nina Freudenberger and Sadie Stein, *Bibliostyle: How We Live at Home with Books*

Toni Morrison, *Beloved*

Bob Raczka, *You Are a Story*

Elva Ramirez, *Zero Proof: 90 Non-Alcoholic Recipes for Mindful Drinking*

Kennedy Ryan, *This Could Be Us*

Lyla Sage, *Swift and Saddled*

The Oatmeal, *How to Tell if Your Cat is Plotting to Kill You*

Jeff Zentner, *Colton Gentry's Third Act*